

Worksheet # 3

Part 1 - “Why We Avoid Risk”

“Taking a new step, uttering a new word, is what people fear most.” ~Fyodor Dostoevsky



1. Which of the 5 reasons resonates most with me?

2. What are some other reasons I avoid risk?

Part 2 - “Supporting Risk-taking”

“Don’t be afraid to take a big step. You can’t cross a chasm in two small jumps.” ~David Lloyd George

1. What is my reaction to these five powerful perspectives?

2. Which perspective(s) would inspire me to take a chance? Why?”